

5 Ways to Reduce the Impact of Addictions in the Workplace and Schools

Addiction is a real and growing problem across multiple generations, with dependence becoming more prevalent in teenagers. Left untreated, this transforms to issues in the workplace. Dr. Ronald Santasiero, an internationally recognized speaker and co-founder of Sedona Holistic Medical Centre in Hamburg, N.Y., is committed to helping management teams deal with addiction issues from an organizational level. He also serves as BWI's Medical Director, and strongly believes that preventative health is key to managing his patients' health. Health education has an impact on addictions, and workplace and school health promotion programs influence behavior and lifestyle change.

His 5 ways to prevent addition require ...

1. Recognizing the scope of the problem

Is the addiction problem real? Statistics show that there is an addiction epidemic, which affects schools and businesses.

2. Understanding why the problem is worsening

It is essential to recognize the causes and source of addiction problems. A new paradigm has emerged as to why people become addicted.

3. Learning the signs of addiction

There are similarities and differences between professionals and students with addiction issues. There are also warning signs that clearly point to addiction problems.

4. Knowing what to do

What do you do for an employee who has an addiction problem? What do you do for students or children? Newer treatments should be part of the discussion.

5. Minimizing negative consequences through actual prevention

There are a variety of ways to prevent addiction among adults in the workplace and teens in the schools.

Learn more about reducing the impact of addictions:

- Join us for a [free webinar](#) on Wednesday, Feb. 15 from 12:30 to 1:15 p.m. EST, featuring Dr. Santasiero, Medical Director for BWI and D'Youville College in Buffalo, N.Y. He oversees health risk appraisals and biometric screenings provided by BWI to worksites, schools and the community. Dr. Santasiero is a family practitioner who specializes in addiction treatment, acupuncture and pain management at Sedona.
- Contact BWI National Health Promotion Training Institute for more information about Dr. Santasiero's conference keynote presentations on these topics: acupuncture and pain management, alternative vs. traditional medicine, nutritional and biological treatment of cardiovascular disease, and alternative nutrition/stress management. Call 716-992-4636 or 1-800-606-7422, or email traininginstitute@bwihp.com.