



4 Reasons You Need an Executive Evaluation Tool for Corporate Health Promotion

Does your workplace support you in achieving your health goals, or is it harming your potential for success? The environment plays an important role in the comprehensive wellness management process. Thomas Golaszewski Ed.D., who is published and renowned in the health promotion field, has developed an organizational planning and evaluation tool to determine a company's level of support for employee health.

Environment (E) – Check is:

1. An assessment of the workplace, not employees

Measure tangible organizational features – such as policies, services, facilities and program administrative structures – that influence the health risk of employees.

2. Structured upon a scoring system

Points are tabulated based on the observation of characteristics. The higher the score, the greater the workplace support for employee health.

3. Built upon tools that have been proven to be reliable and valid

Research evidence supports the consistency and accuracy of E-Check predecessors. Data shows that there is a relationship between workplace support and employee health risks and behaviors.

4. Not without limitations, but captures valuable information and a portrait of the organization's health-management initiative

Since E-Check wording is written in broad language due to a wide range of potential responses, a workplace may be given credit for a characteristic which may not be fully warranted. However, this assessment provides a look at the company's program quality and comprehensiveness to allow for a systematic and multiphasic approach to health promotion delivery.

Learn more about E-Check:

- Join us for a [free webinar](#) on Wednesday, Dec. 14 from 12:30 to 1:15 p.m. EST, featuring Dr. Golaszewski, professor in the Department of Health Science at the State University of New York at Brockport. He has also developed Heart Check, a tool evaluating organizational support for cardiovascular health available through the New York State Department of Health.
- Contact BWI Health Promotions, which will be offering the E-Check as a service to employers seeking to build or improve upon a worksite wellness program. Call 1-800- 606-7422 or email bwhealth@verizon.net.

BWI National Health Promotion Training Institute – 800-606-7422
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