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FOR IMMEDIATE RELEASE

BWI Health Promotions grows with health, fitness experts

BUFFALO, N.Y. – Shawna Dossler, owner and president of BWI Health Promotions, announces the addition of an expert to the company's team.

Lisa Schmidtfrerick-Miller of Ashville is working to increase BWI's health services in the Southern Tier. She has been managing Health Heart grants and the STEPS program for Worksite Health in Chautauqua County for a number of years.

BWI Health Promotions has been offering creative wellness solutions, fitness programs and worksite health since 1994. Its goal is to provide customized health promotion services that positively impact an organization's bottom line and produce measurable results.

For more information about how BWI Health Promotions services can benefit your organization, call 992-2732.

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